

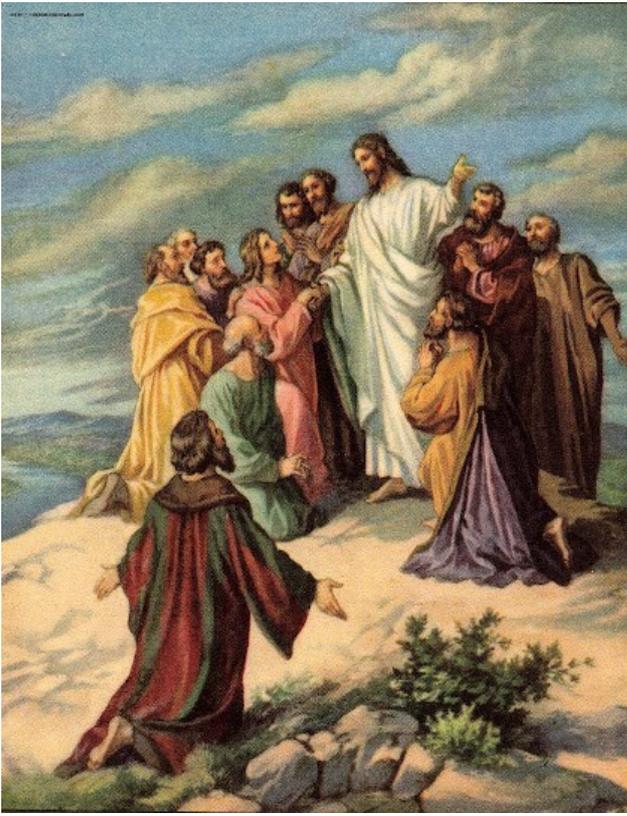


Catholic Diocese of Bunbury • Oblates of Saint Joseph  
**HOLY FAMILY PARISH CATHOLIC COMMUNITY**

Albany, Western Australia  
Phone: (08) 9841 1129 | Email: [albacath@iinet.net.au](mailto:albacath@iinet.net.au)  
[www.albanycatholicparish.org.au](http://www.albanycatholicparish.org.au)

**22nd Sunday in Ordinary Time, Year B**  
**Sunday 29 August 2021**

*A very warm welcome to everyone in our parish this weekend.*



**22nd Sunday in Ordinary Time**  
**29 August 2021**

First Reading:

**Deuteronomy 4:1-2, 6-8**

Responsorial Psalm:

**The just will live in the presence of the Lord.**

Second Reading:

**James 1:17-18, 21-22, 27**

Gospel Acclamation:

**Alleluia! Alleluia!**

**The Father gives us birth by his message of truth, that we might be as the first fruits of his creation.**  
**Alleluia!**

Gospel:

**Mark 7:1-8, 14-15, 21-23**

Communion Antiphon:

**How great is the goodness, Lord, that you keep for those who fear you.**

## That Which is Within

He summoned the crowd again and said to them, “Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile.” *Mark 7:14–15*

Jesus speaks this passage after calling the Pharisees “hypocrites.” He rebukes them for being obsessively concerned about the externals and failing to be attentive to the internals. Jesus makes it clear that evil comes from within and that the heart should be our true concern.

The thing that sparked Jesus’ strong rebuke of the Pharisees was the fact that they criticized the disciples for not washing their hands and, thus, they ate their meal with “unclean hands.” What’s sad is that the Pharisees seem to make a huge deal about this fact. What this reveals is that the Pharisees seemed to think that holiness is something that you obtain by scrupulous external observance of the laws and customs of the times. But they failed to see the importance of what was within.

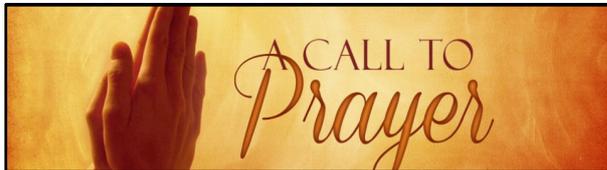
St. Teresa of Ávila has a couple of beautiful quotes that speak of the importance of that which is within. “Within you dwells your God. Enter within, look at Him, talk to Him, listen to Him and stay with Him in your heart.” And, “Indeed, we have heaven within ourselves for the Lord of Heaven is there.”

Jesus also points out the types of evil that come from within. “From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile” *Mark 7: 21–23*.

So what’s in your heart? When you spend time alone and quietly look at your life, what do you see? What is it that makes up your interior life?

Reflect, today, upon that which is within. Know that any sin in your heart must be acknowledged, confessed and purged. Only when that is done can you meet God who dwells within. Only then can you allow God to transform your exterior from His presence in your soul.

*Lord, please do come into my heart. Set my heart on fire with love for You. Purge my heart of all sin and allow Your divine presence to shine forth for all to see. Jesus, I trust in You.*



## Our Parish Prayer Intention this week

We pray for everyone at home and around the world who have been affected by the Corona Virus Pandemic; those who are sick, for their healing; those who are in isolation and those FRONTLINERS (healthcare workers, peacemakers, first responders, volunteers and non-health workers) for their protection from harm; and to all our civil leaders, that they would listen to the voice of the Spirit in every decision that they make.

### We pray for the special intentions:

Corinne Carrington, Wendy Stephens, Lillian Pauley, Norma Doyle, Margaret Muller, Jane Shaw, Jane Bell, Bill Parker, Sarah Stevenson, Virgilio Pesigan, Todd Bennett, Carrie Bertola, Maurice Byrne, Julian Letter, Bonita Stevenson, Gary Maxine Fryatt, Lorelie Donkin, Jose Vecchio, Tegan Castellaro, India Heslop, Victor Cruz, Comple Family, Theresa Macaulay, Halina Van Moorsel, June Higgins, Allysa and Leonie Dorothy Hard, John Touzell, Vicki Southworth, Robert Main, Duilio Lombardini, Peter Nguyen

**Anniversary of Death:** Basilica Navalta, John Francis Benson, Cecilia Agnes Wanke, Phil Lloyd, Emilio Maninetti, Zachary Probert, Carmen Mercado, John Edwin Southworth

**Recent Death:** Zlatiya Jarzabek, Malcom Lecky

### ROSARY STATUES:

*Pilgrim Statue*  
Pat Galloway

*Filipino Statue*  
Vering & Murray Craib

## PARISH OFFICE Opening Hours

Our Parish Office is open Tuesday to Friday from 9.00am until 12.30pm. During all other times, please do not hesitate to contact us either via phone or email.

Phone: **(08) 9841 1129**

Email: [albacath@iinet.net.au](mailto:albacath@iinet.net.au)

## PARISH FINANCE

*Your donation can make a big difference.*

**OPTION 1: Planned Giving Pledge Forms** are available from the parish office.

### OPTION 2:

#### ONLINE BANK TRANSFER

Account Name: Albany Catholic Parish  
BSB: 086-006 A/C: 84-698-5771  
Reference: Your Name-Planned Giving

## Last Weekend's Collections

“Every worthwhile gift, every genuine benefit, comes from above,” says St. James in the second reading. But, he reminds us, true worship of God involves *using* those good gifts to benefit the less fortunate. Good stewardship is not optional; it is the hallmark of our faith!

**1st Collection: \$812.00**  
**2nd Collection: \$1130.00**  
**Direct Debit / EFT: \$534.11**

## INFORMATION FOR NEXT WEEKEND - 5 SEPTEMBER 2021

### Twenty-Third Sunday in Ordinary Time

**First Reading:** Isaiah 35:4-7

### Responsorial Psalm:

Praise the Lord, my soul!

**Second Reading:** James 2:1-5

### Gospel Acclamation:

Alleluia! Alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick.  
Alleluia!

**Gospel:** Mark 7:31-37

### Rosters

#### Saturday 6pm Mass: Holy Family Church

Deacon / Acolyte: Manuel Navalta

Readers: Chris Palfrey, Basil Worner

#### Sunday 7.30am Mass: St Joseph's Church

Deacon / Acolyte: Stan Bemben

Readers: Rachael Keenan, Sam Trichilo

#### Sunday 9.30am Mass: Holy Family Church

Deacon/ Acolyte: Ron Webb

Readers: Net Garcia, Fe Navalta

#### Sunday 5.00pm Mass: St Joseph's Church

Deacon / Acolyte: John Kelly

Readers: Colleen Donovan, Sarah Miller

## Confirmation Mass

Bishop Gerard Holohan will celebrate Confirmation Mass at **9.30am** on Sunday **29<sup>th</sup> August** in Holy Family Church, when 29 young people will become full members of our Church. Please keep the candidates and their families in your prayers.

## Readings

The readings for the 22nd Sunday in Ordinary Time will apply to all Masses this weekend except the 9.30am Confirmation Mass at Holy Family Church. The readings for this Mass will be:

**Acts of the Apostles 2:1-8**

**Psalm 103**

**1 Corinthians 12:4-11**

**Gospel: John 20:19-23**

## Choir Lunch

It has been a great dream to have a 'Get-Together' for all choir groups in our parish. All choir members are invited to gather together for a luncheon on **Sunday, 12 September 2021**.

**When:** 11am until 1:30pm

**Where:** Angela Gorman's Residence  
(42 Vancouver Street, Albany).

**RSVP:** on or before 5 September.

Sausages and meat will be offered for everyone.  
Attendees are welcome to bring a plate.

## Liturgical Ministries Seminar "Becoming the Eucharist We Celebrate"

This is a seminar for all liturgical ministers and parishioners, exploring the meaning of the Eucharist we celebrate Sunday after Sunday. While this seminar will not address the practicalities of various liturgical ministries it will provide deeper insight into the Mass, and the blessings and challenges that flow from its celebration. The presentation will be based on Scripture and will be useful for those who both pray the Mass, and serve in various ministries.

**Date:** Saturday 18<sup>th</sup> September, 9.30am – 12noon

**Presenter:** Fr Tony Chiera, Pastoral Office Bunbury

**Venue:** New Camfield - Seminar presented via Zoom

*All those involved in ministry including Deacons, Acolytes, Extraordinary Ministers of Communion, Choir Members and Readers are highly encouraged to attend.*

## 500 Year Anniversary of Christianity in the Philippines

Bishop Gerard Holohan will preside at a special Mass on **August 29<sup>th</sup> at 5.00pm** in St. Joseph's Church to commemorate 500 years of Christianity in the Philippines.

Celebrations will continue after Mass at New Camfield. Please bring a plate to share.

**Everyone welcome  
Please join us !**

## Marriage Encounter

*Australia wide Virtual weekend is being zoomed 10th – 12th of September.* Couples can enrich their marriage in their own homes using a computer with internet connection.

Teachers attending will be able to receive accreditation.

To book in, contact Brendan and Valerie on 0424 220 625.

Visit [www.wwme@org.au](http://www.wwme@org.au) for more information or ring Fr Pat Rooney on 0428 771 440.

## Parish Office Opening Hours

We are pleased to announce that the position of Parish Administration and Accounts Officer has now been filled by both Veronika Vaskovets and Lily McHale who will share the role. This means the Parish Office opening hours will be from Tuesday to Friday from 9.00am -12.30pm.

## St Vincent de Paul

St. Vincent are in desperate need of blankets, now that we're in the midst of winter. We are once again asking for your help. Items may be left in the SVDP collection boxes in the foyer of both churches.

We are also in short supply of furniture, especially wardrobes, lounges, chest of drawers, and bedside cupboards. Please phone 9841 6326 for collection of goods.

*Thank you for your continued support and generosity*

## Social Justice Sunday

The Australian Bishops' Social Justice Statement, *Cry of the Earth, Cry of the Poor*, was released on 5th August, 2021, leading up to the day on which Social Justice is celebrated.

*Cry of the Earth, Cry of the Poor*, affirms that "we human beings need a change of heart, mind, and behaviour". It provides theological foundations to ground and inspire efforts to care for creation while responding to the needs of the disadvantaged and excluded. The Statement reflects on creation in and through the Trinity; the sacramentality of all created things; the wonder and beauty available to the contemplative eye; and the need for conversion and change of life.

The Statement invites us to join in responding to Pope Francis' invitation to take a seven-year journey towards total ecological sustainability guided by seven Laudato Si' Goals.

The Statement provides theological foundations to ground and inspire our efforts to care for creation while responding to the needs of the disadvantaged and excluded.

We especially encourage all Catholics to reflect on the theological foundations offered in the Statement; and plan their next steps towards the Laudato Si' Goals.

As we are holding a special confirmation Mass, we will not be celebrating Social Justice Day this Sunday but the next, on the 5th of September.

*For more information, visit [www.socialjustice.catholic.org.au](http://www.socialjustice.catholic.org.au)*

## COVID-19 REGULATIONS - PHASE 5

COVID-19 Phase 5 WA Government Regulations stipulate we must still maintain a **Mandatory Contact Register**. There are 2 options available to register your contact details each time you attend church.

**Option 1:** Write your name and phone number on the Contact Register in the foyer of the church.

**Option 2:** Download the **SafeWA** app on your phone and scan the QR code which is on the posters displayed.

Regulations also recommend maintaining good hygiene standards and COVID-safe principles. Therefore I ask everyone to please still **sanitise your hands thoroughly**.

**Thank you for your kind understanding!** Fr Chris, OSJ

## PARISH TIMETABLE

### DAILY MASSES

**In St Joseph's Church ONLY**

**Monday, Tuesday, Wednesday, Thursday and Saturday: 9:00am Mass**

**Friday: 12:00noon Mass**

First Friday of the month: Healing Mass

### DAILY DEVOTIONS

**Mon, Wed and Thurs: 8:30am LAUDS (Morning Prayer)**

**Tuesday: 8:30am ROSARY**

**Friday: 10:00am Adoration to the Blessed Sacrament; Divine Chaplet before the Mass**

**Saturday: 9:45am SACRAMENT OF RECONCILIATION**

**First Thursday of the month: 6:00pm Holy Hour**

**Third Sunday of the month: 3:00pm Benediction & Rosary**

**St Joseph's Church is open for personal prayer and devotion from 9:30am until 5:00pm everyday.**

### WEEKEND MASSES

#### Holy Family Church

**Saturday 6:00pm**

**Sunday 9:30am**

#### St Joseph's Church

**Sunday 7:30am**

**Sunday 5:00pm**

#### STATION MASSES

**Gnowangerup**

2nd & 4th Sunday: 9:30am

**Bremer Bay**

3rd Sunday: 9:30am

**Ongerup**

2nd Sunday: 11:30am